

Post-Injury Checklist

- Provide the injured worker with the Designated Medical Provider List Notification Letter
- Take the injured worker to the doctor
- Investigate the accident
- Report the injury to Pinnacol within 24 hours
- Report accurate average weekly wage and advise Pinnacol of any concerns
- Plan modified duty for the injured worker
- Send a get-well card to the injured worker
- If your employee is not able to return to work, call injured worker once a week
- Contact the medical provider for a list of work restrictions
- Contact Pinnacol when your employee returns to work or if there is any change in work status
- If you cannot reach the injured worker or he/she does not return to work, contact your Pinnacol claims representative
- Continue communication with the injured worker, doctor and Pinnacol claims representative until the injured worker is discharged from care
- Complete a Return-to-Work Verification Statement when your employee returns to work and fax it to Pinnacol immediately
- Communicate any concerns to your Pinnacol claims representative

PINNACOL ASSURANCE

FIRST REPORT OF INJURY

To report a claim:
Call 303-361-4000 or 1-800-873-7242
Or Fax to 303-361-5000 or 1-888-329-2251
Or, go to www.pinnacol.com
PLEASE PRINT CLEARLY

Early reporting can save you money. Report all injuries immediately!

The information below allows Pinnacol Assurance's customer service representatives to quickly and accurately process your claim. Use the completed form as a guide when reporting by phone or online to save you time. Don't wait to report if you don't have all the answers.

POLICY INFORMATION

Policy Number: _____ Company Name: _____

Address or Location (if different than mailing address): _____

Prepared by: _____ Title: _____

E-mail: _____ Fax: (____) _____ - _____

Phone: (____) _____ - _____ Date Completed: ____/____/____

INJURED WORKER INFORMATION

Injured Worker's Social Security Number: _____ - _____ - _____ Date of Injury: ____/____/____

First Name: _____ M.I. ____ Last Name: _____

Home/Mailing Address: _____ City _____ State _____ Zip Code _____ Phone: (____) _____ - _____

Date of Birth: ____/____/____ Male Female Martial Status: _____

Language: English Spanish Other: _____ E-mail: _____

Occupation: _____ Date Hired: ____/____/____

Employee Status: Full-time Part-time Seasonal Volunteer Independent Contractor

Days Worked per Week: _____ Hours Worked per Day: _____

Pay Rate: _____ Hourly Weekly Monthly Annually Other: _____

ACCIDENT / INJURY INFORMATION

Fatal Injury: Yes No If Fatal Injury: Date of Death ____/____/____

Time of Injury: _____ am pm Time Work Began: _____ Last Day Worked: ____/____/____

Full Pay on Date of Injury: Yes No

Accident Occurred on Employers Premises: Yes No If Applicable: Location Code: _____ Dept Code: _____

Accident Location: _____ City _____ State _____ Zip Code _____

Name of Employer Representative Notified: _____ Date Notified: ____/____/____

Witnesses: _____
Name(s) and Phone Number(s)

How Did the Injury Occur: _____

Specific Activity the Employee Was Engaged In: _____ What Equipment Was Being Used: _____
Attach Additional Information if Necessary

Body Part(s) Injured: _____ Right Left Not Applicable

Type of Injury Sustained: _____

Safety Equipment Provided Safety Equipment Used Possible Drug/Alcohol Involved Employer Questioning Liability

RETURN TO WORK INFORMATION

Has the Injured Worker Returned to Work? Yes No

Date Returned to Work: ____/____/____ Estimated Return to Work Date: ____/____/____

Is this a lost time Claim? Yes No (Claim is lost time if there is a loss of more than three scheduled work days due to the injury).

MEDICAL PROVIDER INFORMATION: Where Was Your Employee Treated?

No Medical Treatment Treated by Employer 911 Called Walk-In Clinic

Emergency Room Hospitalized > 24 hrs/Overnight Possible Surgery

Medical Provider Name _____ Street Address _____ City _____ State _____ Zip Code _____ Phone _____

PINNACOL ASSURANCE FIRST REPORT OF INJURY FORM INSTRUCTIONS

1. Report all work-related injuries within 24 hours! Quick reporting can significantly reduce the total cost of the claim. Our **goal** is to get your employee back to work as quickly as possible and reporting within 24 hours streamlines that process. Report the injury to Pinnacol Assurance even if you question whether the injury is truly job related. Provide information as to why you question the validity of the claim.
2. This form is a guide for reporting injuries by phone, or fax using the numbers on the front of this form. Online reporting is fastest. To report online, go to www.pinnacol.com, select "Quicklinks," then "Report an Injury." The employer or authorized representative should report the injury to Pinnacol Assurance; please do not have the injured worker complete this form.
3. Within 7 days after notification of an injury, the employer is required to provide the injured worker with a list of two medical providers who have been designated by the employer to provide medical treatment for the injured employee. The injured worker must choose one of the designated providers from this list. Designating providers from Pinnacol's SelectNet list helps ensure your employee is seen by an occupational medical provider knowledgeable about the workers' compensation system and return to work issues. If you do not have two designated providers, call Pinnacol for assistance.
4. When reporting a claim by phone or the Internet, a copy of the completed form will be mailed to you for your records. Please review the copy to ensure all information is correct. If changes are needed, please contact Pinnacol's claim representative assigned to the claim.
5. If the injured worker owes court ordered child support, compensation benefits may be attached and payment of the child support obligation may be withheld and forwarded to the obligee. (C.R.S. 8-42-124 & 26-16-122(4))

Please answer as many questions as possible for Pinnacol to begin processing the claim. Don't wait to report if you don't have all the answers, however all questions on this form will need to be completed in order to meet the requirements of the Colorado Workers' Compensation Act. **Especially critical is the information regarding Date of Injury, if the injured worker will miss more than three scheduled days from work, and when you expect the injured worker to return to work.**

Definitions:

Date of Injury: The date the accident occurred, or in the case of an occupational disease, the date of the first and last exposure.

Lost-Time Claim: The loss of more than three scheduled workdays due to the injury.

Wages and Time Worked: Provide either the weekly pay rate and hours OR the hourly pay rate and hours worked. Wages may also include: overtime wages, tips, commissions, room & board, housing, lodging and cost of health insurance. If you are unsure how to answer, call the customer service phone number on the front of this form. **Accident Location:** Provide the address if the accident occurred on the employer's premises or if it occurred outside the employer's premises at an identifiable location. If it occurred at a place that cannot be identified by a number or street, such as a public highway, provide references locating the place accurately as possible.

It is unlawful to knowingly provide false, incomplete, or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance, and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete or misleading facts or information to a policyholder or injured worker for the purpose of defrauding or attempting to defraud the policyholder or injured worker with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado Division of Insurance within the Department of Regulatory Agencies.

OSHA FORM 301 QUESTIONS "If you had 10 or fewer employees during all of the last calendar year or your business is classified in a specific low-hazard retail, service, financial, insurance, or real estate industry, you do not have to keep injury and illness records unless the Bureau of Labor Statistics or OSHA informs you in writing that you must do so."

For this Pinnacol Assurance First Report of Injury to be considered equivalent to OSHA Form 301 (Injury and Illness Incident Report) the following questions must be completed along with the information on the front of this form. If you have questions regarding the OSHA recordkeeping standard contact your Pinnacol Assurance Safety Consultant.

Case Number from OSHA 300 Log _____ Was the Employee Hospitalized Overnight as an In-Patient? Yes No

What was the Employee doing just Before the Incident Occurred? Describe the activity, as well as the tools, equipment, or material the employee was using. Be specific. Examples: "climbing a ladder while carrying roofing materials," "spraying chlorine from hand sprayer," "daily computer key-entry."

What was the Injury or Illness? Tell us the part of the body that was affected and how it was affected; be more specific than "hurt," "pain," or "sore." Examples: "strained back," "chemical burns to hand," "carpal tunnel syndrome."

What Object or Substance Directly Harmed the Employee? Examples: "concrete floor," "chlorine," "radial arm saw." *If this question does not apply to the incident, leave blank.*

What was the Name of the Physician/Health Care Professional Who Provided Medical Treatment to the Employee?

>> Sample Accident Investigation Questions

HOW

- How does the injured employee feel now?
- How did the injury occur?
- How could this accident have been prevented?

WHO

- Who was injured?
- Who saw the accident?
- Who was working with the injured person?
- Who had assigned the person to the work task?
- Who had trained the person on the hazards and protective measures for this task?
- Who else was involved?

WHAT

- What were the causal factors of the accident?
- What were the injuries?
- What was the person doing when injured?
- What had the person been instructed to do?
- What tools was the person using?
- What machinery was involved?
- What training had been given?
- What specific precautions were necessary?
- What protective equipment was being used?
- What protective equipment should have been used?
- What will be done to prevent a recurrence?
- What safety rules were in place to prevent this type of accident?
- What safety rules were being followed?
- What were the environmental conditions (e.g., lighting, floor surface, etc.)?

WHEN

- When did the accident occur?
- When did the person start this task?
- When was the person assigned to this department?
- When had the supervisor last checked on the job progress?

WHY

- Why was the person injured?
- Why did the person do what he/she did?
- Why wasn't protective equipment used?
- Why weren't specific instructions issued?
- Why didn't the person check with the supervisor when he/she noted things weren't as they should be?
- Why did the person continue to work under these circumstances?

WHERE

- Where did the accident occur?
- Where was the person at the time of the accident?
- Where was the supervisor at the time?
- Where were fellow workers at the time?

>> Management Accident Investigation Report

- Injury – First Aid Only
- Injury – Medical Treatment
- Property Damage
- Near Miss – Record Only

Injured Employee

Occupation

Assigned Department

Supervisor

Date & Time of Incident

Date Incident Reported

Incident Location

Witnesses

SUMMARY – Describe the incident (photos and/or sketches may be necessary).

ANALYSIS – Describe conditions that led to the incident (environmental conditions, tools/equipment used or task being performed).

ACTION TAKEN – Describe any controls and/or corrective procedures that may prevent the recurrence of similar incidents.

Report Completed By: _____

Date: _____